

Expert short-term relief for families



Charingfield provides short-term respite care in a comfortable, private, home-style aged care community that's set right in the heart of Sydney's eastern suburbs. We care for guests with low care, high care and memory care needs.

Trusted support when you need it

We understand that there are certain times when you might need some help looking after your loved one:

- Emergency care following an accident, injury or illness
- Recuperation and recovery following a hospital stay or incident
- If you are planning a holiday away
- If you need a break from your carer role
- As a way for your loved one to experience living at Charingfield before considering a more permanent move

Your loved one is welcome to join us for a week or longer.

An experienced on-site care team

You can enjoy peace of mind knowing your loved one will be expertly looked after and supported 24/7 by our dedicated team of carers and on-site nurses. We focus on helping our guests feel welcome, cared for and comfortable by understanding their specific needs and developing a personalised care and support plan.

What's included in respite care?

- Private room with ensuite that opens onto a private balcony or shared courtyard
- Freshly made meals (including morning and afternoon tea), as well as all-day access to snacks and drinks
- Daily housekeeping, laundry and room service
- Access to our full activity schedule and planned outings
- 24/7 on-site care and support

A private sanctuary that feels like a master bedroom

Each respite guest enjoys the privacy of their own generously sized studio suite, complete with a kitchenette, ensuite and balcony. There's plenty of room for treasured and familiar belongings, and family and friends are encouraged to visit whenever they like. Respite guests can also experience everything else Charingfield has to offer, including the many spaces where residents can come together to share a meal or a chat, as well as our award-winning gardens, group activities, on-site Chapel and hairdressing salon.

A boutique community modelled on the home

Charingfield is divided into five small households that are designed to offer a true sense of home. Residents in each household share their own kitchen, and a family-sized lounge and dining room. Our flexible approach to home-made meals means more flexibility and choice, and our beautiful outdoor spaces are just like a backyard, with veggie patches, a lawn and flower beds.

Respite fees

The Government subsidises up to 63 days of respite care in a financial year, with the possibility of extending this by 21 days at a time (subject to a current ACAT assessment). The basic daily fee for a respite resident is set by the Government at 85% of the single basic age pension. This fee is updated on 20 March and 20 September each year, in line with increases to the age pension.

Based on current rates, the maximum basic daily fee is \$61.96 per day (as at 20 March 2024).

Charingfield is part of an innovative national alliance

Apollo Care's unique vision is to strengthen smaller not-for-profit aged care communities that deliver choice to older Australians who want to remain living locally. We use innovation to help these communities thrive, making aged care better for residents and staff.



"My years of experience have shown me the importance of the role smaller aged care communities, like Charingfield, play in their local region. Here, residents are supported to live their way, with grace and dignity."



Stephen Becsi OAM
CEO Apollo Care

"Every older Australian deserves to be cared for as an individual. Our care culture centres on kindness and helping each resident live their best, most joyful life everyday - whatever that looks like to them."



Kylie Radburn
Chief Governance Officer
Apollo Care

We're here to guide and support you

Our friendly team can help you through each step of the respite process, from applying for an ACAT assessment through to creating a packing list.

Talk to our team on (02) 9369 5444 or email us at info@charingfield.org.au

To learn more, visit charingfield.org.au and follow us on Facebook.