

# COVID-19 Outbreak Prevention

8 January 2021

To residents, family & friends, staff, visiting health practitioners and contractors

**I am writing to provide you with an up-date on Covid-19 related restrictions at Charingfield.**

Advice from NSW Health received 8/12/20 for residential aged care services in the greater Sydney area is that:

- Visitors are once again allowed (two visitors per day are allowed).
- All persons must continue to wear a single use surgical mask while on-site

This advice can be accessed at <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/racf-latest-advice.aspx>

A summary of current restrictions follows:

<p>1. Anyone entering the premises</p> <p>This includes staff, visiting health practitioners, contractors, visitors, government and emergency services personnel</p>	<p>Must sign in, have their temperature checked and answer the following screening questions (people who answer yes to any of the following will not be allowed to enter).</p> <ul style="list-style-type: none"> <li>• People who have returned from a place outside Australia in the past 14 days.</li> <li>• People visited a declared Covid-19 hotspot in the past 14 days (a list of current hotspots is located at the sign in table at the entrance to the facility).</li> <li>• People who have been in known close contact with a person confirmed to have Covid-19 or who reside with a person that is self-isolating in the past 14 days.</li> <li>• People who have not had seasonal Influenza vaccination for the 2020 season (excluding residents and visitors).</li> <li>• People who have a temperature equal to or greater than 37.5 degrees Celsius.</li> <li>• People who have symptoms of respiratory illness.</li> </ul>
<p>2. Visitors</p>	<ul style="list-style-type: none"> <li>• Residents may have a maximum of two visitors each day.</li> <li>• Children are allowed to visit but must be closely supervised and remain with a responsible adult at all</li> </ul>

	<p>times. supervised (children are included in the two-visitor limit).</p> <ul style="list-style-type: none"> <li>• Visitors must wear a single use surgical mask at all times while on site.</li> <li>• Visitors are encouraged to remain within the resident's room or go to a designated outdoor area or alternative room.</li> </ul>
3. Community activities and outings	<ul style="list-style-type: none"> <li>• Charingfield is not currently running outings, excursions and incursions as part of its lifestyle program.</li> <li>• Residents at Charingfield are able to leave the facility to attend family gatherings of fewer than five people.</li> <li>• While outings are allowed, leaving the facility poses a risk to individual residents and to other residents in the facility, as such it is recommended that residents limit outings as much as possible.</li> <li>• Residents who wish to leave the facility must discuss the outing with the Residential Service Manager to determine the risk. Where an outing is deemed to represent a degree of risk, residents may be required to self-isolate on their return to the facility.</li> </ul>
4. Charingfield employees	<ul style="list-style-type: none"> <li>• Employees are allowed to enter as long as they meet all of the conditions at 1 above and wear a single use surgical mask at all times while onsite.</li> <li>• We are working closely with staff who work across other aged care facilities to minimise risks.</li> </ul>
5. Visiting medical and other health care practitioners	<ul style="list-style-type: none"> <li>• Visiting health and medical professional are allowed to enter as long as they meet all of the conditions at 1 above wear a single use surgical mask at all times while onsite.</li> </ul>
6. Contractors	<ul style="list-style-type: none"> <li>• Contractors are allowed to enter as long as they meet all of the conditions at 1 above wear a single use surgical mask at all times while onsite.</li> </ul>

The above restrictions will remain in place until further notice.

Please contact me if I can provide further information about any aspect of Charingfield's strategies for preventing and outbreak, our response to public health advice, or any aspect of this letter.

Your continue support during the Covid-19 pandemic is appreciated.

Thank you as always,



Matt Fairweather

Service Manager

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